



Diabetes Program

The OhioHealthy Health Conditions Diabetes Program provides education, support, and access to nurses, health coaches, dietitians and licensed social workers. Potential benefits of participation include decreasing blood sugar parameters (individualized), preventing disease progression and improved medication understanding. This program is available free to members, 18 years and over.

You may elect to receive:

- Telephonic coaching from OhioHealthy health coaches at your convenience
- Diabetic health plan tailored specifically to your needs and lifestyle
- Diabetes education
- Support building a personalized health plan designed around your interests
- Information and discussion points to review with your provider
- Assistance with access to a dietitian
- Support understanding the treatment plan the provider has outlined
- Help connecting you to resources addressing behavioral health issues which may be impacting your physical health
- An introduction to tobacco cessation

Call: (380)-242-4120

Email: DM@OhioHealthyPlans.com

**JOIN
TODAY!**

Take your first step to improving your health. Call or email to get started.

