

DETERMINE WHERE TO ACT

Follow these three steps recommended by the International Diabetes Center to efficiently interpret the AGP Report and guide shared decision making to optimize glucose management.

1

DETERMINE if action is needed

Review the time in ranges bar to DETERMINE if action is needed:

- Is time in range (TIR) 70-180 mg/dL >70%?
- Is time below range (TBR) <70 mg/dL <4%?

If yes to both, continue to optimize therapy and lifestyle changes.

If no to either question, move to step 2.

TIPS

- Aim for 14 days of data with the CGM being active at least **70%** of the time.
- Aim for **MORE GREEN/LESS RED** in the time in ranges bar.

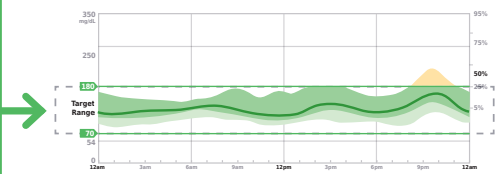
2

WHERE is action needed?

Review the AGP curve to determine WHERE action is needed.

- Identify patterns of time below range, time above range, or significant variability.
- Use the daily profiles to verify that patterns occur on multiple days and identify differences between days of the week (e.g. weekend vs weekday).
- Ask the patient what THEY see in the AGP Report.

The goal for the AGP is: **Flat, Narrow and In-Range (FNIR)**

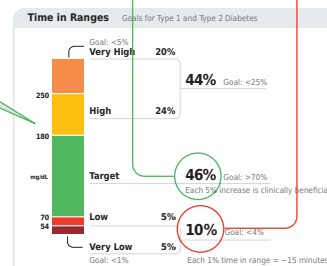


Time in range goal: >70%

Time below range goal: <4%

CGM active goal: >70%

AGP Report: Continuous Glucose Monitoring



Test Patient DOB: Jan 1, 1970

14 Days: August 8-August 21, 2023

Time CGM Active: 100%

Glucose Metrics

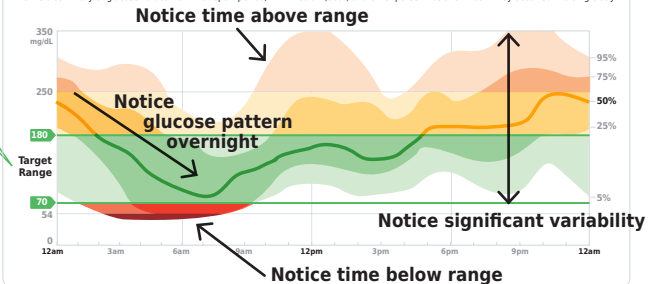
Average Glucose: 175 mg/dL
Goal: <154 mg/dL

Glucose Management Indicator (GMI): 7.5%
Goal: <7%

Glucose Variability: 45.5%
Defined as percent coefficient of variation
Goal: ≤36%

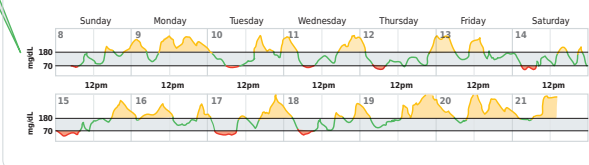
Ambulatory Glucose Profile (AGP)

AGP is a summary of glucose values from the report period, with median (50%) and other percentiles shown as if they occurred in a single day.



Daily Glucose Profiles

Each daily profile represents a midnight-to-midnight period.



3

ACT on the data

Remember to:

- **Work with the patient** to adjust medications and/or lifestyle to optimize glucose management.
- **Use shared decision making.**
- **Focus on one area** or change at a time.
- **Continue to make adjustments** until glycemic targets are achieved. Adjusting is the key to success.

REMEMBER:

- **Focus** on patterns of hypoglycemia first.
- **Every 5% improvement in TIR** is clinically beneficial!